

**CARNOUSTIE MEDICAL GROUP
PATIENT PARTICIPATION GROUP**

**Minute of Meeting held at Parkview Primary Care Centre
on Wednesday 24th August 2022 @ 6.15pm**

Present – Chairperson– Stuart Anderson

Secretary – Ethel O’Donnell

Treasurer – Ken Drysdale

Committee- Margaret Both, Jeanne Kirk, Yvonne Smith, Margaret McKinlay, Jim Ray.

Apologies- Wendi Lees, Sheena Pritchard, Pat Hay, Barbara Bromley, Doug Gordon, Alan Gall

1. Welcome and apologies - Stuart welcomed all to the meeting, gave apologies as above and introduced new member Yvonne Smith to the group.

2. The Minute of the last meeting on 29th June 2022 was taken as read and approved by Margaret McKinlay and seconded by Ken Drysdale.

3. All Matters arising are included in the agenda.

4. No medical group update was available.

5. Report from Gala Day – The 5 ladies who ran the Gala Day stand found it to be a successful and enjoyable day. The Book table & the Bran tub drew people to the stand. Sheena’s microscopic activity was a hit with both adults and kids alike and proved to be both educational and fun. This being the first Gala Day in 3 years, since Covid lockdown in 2020 it was difficult to engage in health care matters with the public who were there to enjoy the nice weather and meet up with friends. The materials prepared can be used for other ventures. The Gala Day stand is always worth repeating.

6. Update on housing development and the impact on health care – There has been no communication to our acknowledgement of the disappointing reply from the Scottish Government on concerns the impact the increased population from local housing developments will have on health & social care services.

A communication to Cllr David Cheape, Development Standards Convener, regarding the concerns received a prompt reply and gave helpful information on current development plans. However, it clearly stated that although planning will consider views on local health care it cannot refuse development and growth on this issue alone, this is a matter under the control of the Scottish Government and AHSCP can only operate with the resources provided to them by Angus Council. He acknowledged the comment that the Planning Department had not responded to communications from us requesting a meeting to discuss our concerns and is to contact them on our behalf.

It was acknowledged by those at the meeting that concerns about the impact of increased pressures on health care from planning and development is now a major national issue. It was agreed to consult with other patient groups in Angus to find out where they stand with their similar concerns.

7. Information Newsletter/leaflet – When preparing an information format for Gala Day it became apparent that although services are recovering from the pandemic it is difficult to get accurate information on service meeting times and venues. We did prepare a handout for Gala Day with pertinent information on CMG, services available from PPCC, those who are now based out with the centre and repeat prescriptions. While this information is helpful it is hoped this can be developed further when clearer information on primary

health and social care, and other community support services is available.

8. AOCB -

i. PRG meeting times – Prior to Covid the PRG met monthly on an alternate evening and afternoon basis for their meetings. It is proposed to consult with the whole group and the practice to return to this format if it is viable.

With business complete the meeting closed at 8pm

Issues of concern raised during the meeting

1. Reported problems with local pharmacy prescriptions – the group agreed to take this forward, initially it will be discussed with the Practice.
2. Menopause support – Is a support group needed in Carnoustie? – GP’s will be consulted on this.
3. Telephone calls to the Practice – Management to be ask for further clarification on the telephone system.

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Clive Goldstraw, a member of Voluntary Action Angus, Third Sector Interface attended the meeting in his capacity as Social Prescriber for Carnoustie & Monifieth and gave an interesting talk on his role. Social prescribing is available to everyone and deals with non-medical issues. It gives support and advice on a range of issues including, social isolation and loneliness, emotional wellbeing, healthy lifestyle choices, managing long term health conditions, struggling financial issues and accessing work, training & volunteering to name a few. Social prescribing can improve mental health and physical health through introduction to new people, learning a new skill or new activity. It increases self confidence and self-esteem, gives a better quality of life and encourages involvement in the local community. Clive can be contacted on 07857618042. Email clive.goldstraw@nhs.scot

Date & Venue of next meeting – Wednesday 28th September 2022 at 6.15pm

Ethel O’Donnell

Ethel O’Donnell

Minute Secretary

Date 25th August 2022

Minute approved..... Date.....

Seconded..... Date.....