

**CARNOUSTIE MEDICAL GROUP
PATIENT PARTICIPATION GROUP**

**Minute of Meeting held at Parkview Primary Care Centre
On Wednesday 31st January 2024 at 2pm**

Present – Chairperson/Treasurer – Stuart Anderson

Secretary – Ethel O’Donnell

**Committee- Jeanne Kirk, Pauline Ward, Sheena Pritchard, Pat Hay, Barbara Bromley, Pat Hutcheon,
Ken Drysdale, Margaret McKinlay, Maureen Wilkie. Grant Wilson**

Apologies- Wendi Lees

| | Task |
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| <p>1. Stuart welcomed all to the meeting and introduced new member Grant Wilson and gave apologies as above. He also thanked those who attended the Christmas meal in the Golf Hotel.</p> <p>2. The Minute of the last meeting on 22nd November 2023 was approved by PW and seconded by JK.</p> <p>3. Matters arising –</p> <p>i. Blister Pack update – PW has spoken with different sources who are addressing issues regarding blister pack collection but found it difficult to get definitive information on where to dispose of them. Aldi are conducting a pilot scheme and Superdrug only collect individual deposits from customers. This is disappointing considering the overwhelming response from Carnoustie community when SP introduced the collection boxes in the local charity shops. Now it appears there is no outlet to dispose of them in bulk in this area. This matter will be kept on the table until more information comes forward.</p> <p>ii. Vaccination services – SA has found it difficult to source information on this but he is aware that AHSCP has become aware of current problems for people attending out of town services throughout Angus and they are to address this issue.</p> <p>iii. Patient Groups across Tayside – EOD found from Medical Group websites that only Montrose PPG, Academy PPG & Ravenswood PPG in Forfar and Carnoustie PRG are the only groups with active up to date information on the websites. 3 others who have previously posted have no activity recorded since 2022.</p> <p>iv. Menopause support online engagement meeting December 2023– EOD & SP sat in on this meeting and found it to be well attended and productive. EOD shared a brief resume of subjects covered at the meeting. From this meeting CMG are now holding online support sessions for smaller numbers with menopause concerns.</p> <p>v. PPCC Christmas decorations – 5 ladies of the PRG this year again decorated the Christmas tree in the waiting area which was appreciated by CMG staff.</p> <p>4. CMG Medical update – In her absence WL, Practice Manager submitted a written summary of activities which included -</p> <p>i. Dr Babowski has left the Practice and an advert for another GP has been posted. It has become apparent that new options on how to recruit personnel is needed to replace outmoded methods of the past, this is currently being looked at.</p> <p>ii. Demand for appointments has been extremely high, possibly due to the winter season and cold spell. GPs are struggling to meet demand and are working long hours to accommodate this.</p> <p>iii. eConsult is still working but demand is high putting pressure on practice staff. Patients are still not using pharmacies and basic self-help for coughs and colds which puts pressure on the system.</p> | |

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| <p>iv. Menopause and chronic condition support - The second group consultation on menopause has taken place and was well received. It is hoped this type of support will progress to pain and diabetic sessions lead by the practice nurses.</p> <p>The eConsult item led to discussion on PRG members experiences when using eConsult and it was agreed we would like to find out more. We will follow up the recent request to have someone from eConsult come talk to us to bring a clearer understanding for group members to allow them to share positive information with patients.</p> <p>6. Ways to support CMG by identifying what patients want and implement an information sharing exercise to address the findings.</p> <p>This led to a lengthy discussion on the best way to take this forward. It became clear that clarity is needed on recent changes introduced in the NHS, which are out with the control of the medical practice, on how services are delivered and who delivers them.</p> <p>PPCC is now a Hub for services independent of CMG and managed by NHS Tayside.</p> <p>One suggestion was to have questionnaires and a box for PPCC users to post them and the comments can be reviewed to determine priorities. It was suggested that PRG members presence at agreed times could be a good exercise to heighten awareness of the group.</p> <p>It was highlighted during discussion of difficulties that now exist in finding factual self-help information on health matters and that online information in general can be difficult to access and it is not available to all.</p> <p>A point was made that despite signposting and leaflets being displayed confusion is high at this time because of unclear direction on how the NHS now works.</p> <p>The decision was taken to firstly determine which services are available , where they are delivered and who by. The first port of call on this will be the Practice Manager.</p> | EOD |
| <p>7. Date and format of the PRG AGM. –Provisionally - Wednesday 27th March at 2pm if agreed by CMG. An open invitation will be made via posters and other sources.</p> | EOD |
| <p>8. AOCB</p> <p>i. A request has been made for information on a Craft group which met in PPCC. More information will be sought from Social Prescribing services.</p> | SA |
| <p>ii. Local Improvement Group (LIG) funding – SA advised that there is LIG funding available for suitable projects in the South Locality. Following suggestions being put forward it was agreed SA would take suggestions back to LIG for further discussion.</p> <p>With business complete the meeting closed at 15.45</p> | SA |
| <p>Date & Venue of next meeting – 28th February 2024 @ 2pm in PPCC</p> | |
| <p>Ethel O'Donnell</p> | |
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| <p>Minute Secretary</p> | |
| <p>Date 1st February 2024</p> | |
| <p>Minute approved.....</p> | <p>Date.....</p> |
| <p>Seconded.....</p> | <p>Date.....</p> |