



Tip Top Toes

Open for appointments

Tip Top Toes provides a low cost toenail cutting/personal foot care service based in Carnoustie.

This Service is run by volunteers who have received instruction on toenail cutting, filing and foot care checks from NHS Podiatrists

The service is available to anyone who is unable to cut their own toenails and has no serious underlying medical conditions.

If you are diabetic please ask your medical center

If you're Foot score is low- medium or high

Every Thursday

By appointment only.

£15 for the first appointment –

This includes your personal foot care pack which you bring to every appointment.

(Pack includes nail nippers, files & record card)

£10 for every other appointment

If you are interested in finding out more or wish to make an appointment please call or Text 07568936222