

Making Your Family Stronger



Parents!

**WANT A CALMER
HOUSEHOLD?**

**ARE YOU ENJOYING BEING
A PARENT?**

**DO YOU WORRY ABOUT
YOUR 10-14 YEAR OLDS
DRINKING, SMOKING,
EXPERIMENTING WITH
DRUGS?**

Young People!

**FED UP BATTLING WITH
PARENTS?**

**FEEL LIKE NOBODY
LISTENS OR
UNDERSTANDS?**

Our Strengthening Families Programme offers 6 sessions to help improve communication between parents/carers and their young people aged 10-14.

Topics include : Love and Limits: House Rules: Encouraging Good Behaviour: Peer Pressure: Protecting against Alcohol and Substance Abuse: Having Goals and Dreams.

GROUPS STARTING 21st AUGUST 2018
EVERY TUESDAY 5.00PM-7.30PM
SEAVIEW PRIMARY SCHOOL, MONIFIETH.

Want to know more?

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